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Press Release – Lucknow Breast Cancer Support Group meeting in Department of Endocrine Surgery on 06 August 2020

Department of Endocrine Surgery, King George's Medical University, UP, Lucknow organized a virtual Lucknow Breast Cancer support meet today. Convener, Prof Anand Mishra stressed on the importance of adhering to personal measures suggested by health authorities to tide over the corona crisis. Senior Dietician at KGMU, Ms Shalini Shrivastava made an informative presentation on immune boosting traditional Indian diets. Cost effective, readily available, easy to cook and tasty options were described which is a necessity in corona times. The highlight of this meeting was that it was truly a meeting for the survivors by the survivors. Mrs. Kanchal Rawat, Anita Lal, Anju Verma, Savitri Agarwal, Deepa Gupta, Beena Mishra made short cultural presentations ranging from songs/dance to pep talks and cooking. All the presentations were based on the theme "Saavan". The presenters felt elated as this was their first ever performance on a public platform. Prof Anand Mishra and Dr. Kul Ranjan answered various queries of the patients. This meeting was a boon for patients unable to follow up in OPD for various reasons. Around 70 survivors joined the virtual meet. The next meet is scheduled on 02 September 2020.



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Dr. Anand Kumar Mishra
Head and Professor